



**BODYCARE**  
PHYSIOTHERAPY

# Hydro Schedule

Monday

8:30 am

BEC

9:00 am

BEC

Tuesday

9:00 am

ANNA

9:30 am

ANNA

5:00 pm

STEVE

Wednesday

9:00 am

SOPHIE

9:30 am

SOPHIE

Thursday

9:00 am

BEC

9:30 am

BEC

5:00 pm

STEVE

Friday

8:30 am

ANNA

9:00 am

ANNA