



BODYCARE

PHYSIOTHERAPY

GROUP EXERCISE

MON

9 AM
KATE

10 AM
KATE

11 AM
KATE

TUES

12 PM
KATE

WED

9 AM
KATE

10 AM
KATE

THURS

12 PM
KATE

FRI

9 AM
KATE

10 AM
KATE

11 AM
KATE